



2022 PEER EDUCATION STUDENT-LED CONFERENCE

CREATING A COMMUNITY OF
PEER EDUCATORS
ON CAMPUS

3.26.22
Miller
Learning Center

PROGRAM BOOK



Division of Academic Enhancement
Peer Learning and Teaching Others
UNIVERSITY OF GEORGIA

Milledge Hall | 706-542-7575

dae.uga.edu



WELCOME

March 26th, 2022

Dear Peer Educators,

On behalf of the Peer Learning and Teaching Others (PLaTO) team within the Division of Academic Enhancement, we are excited for you to join us for the second annual Peer Education Student-Led Conference.

The purpose of this conference is to foster a community of Peer Educators at the University of Georgia who dedicate their time and energy to helping fellow students. This conference is unique in several aspects. Most significantly, our sessions are presented by current Peer Educators at UGA who are excited to showcase their experience and knowledge. I hope you take this time to grow and learn from each other. We want you to leave the conference feeling like you are a part of this wonderful peer education community!

Our hope is that, in the future, we are able to open this conference up to other institutions to give their Peer Educators this incredible opportunity.

In this program, you will find information on various sessions you choose to attend. Should you have any questions during the conference, please do not hesitate to reach out to myself or other members of the PLaTO team.

We wish you a productive and enjoyable conference experience!

Cordially,
Sarah Jeffery
Senior Coordinator of Peer Education

SCHEDULE

TIME

9:30-10:30 AM

10:40-11:10 AM

11:20-11:50 AM

12:00-1:00 PM

1:00-1:15 PM

1:15-1:45 PM

1:55-2:25 PM

2:35-3:05 PM

3:10-4:00 PM

EVENT & LOCATION

WELCOME & BREAKFAST

MLC 4th Floor Rotunda

PRESENTATION BLOCK 1

MLC Classrooms 213, 214, 248, 250, 348, 350

PRESENTATION BLOCK 2

MLC Classrooms 213, 214, 248, 250, 348

LUNCH

MLC 4th Floor Rotunda

BREAK

PRESENTATION BLOCK 3

MLC Classrooms 213, 214, 248, 250, 348

PRESENTATION BLOCK 4

MLC Classrooms 213, 214, 248, 250, 348

PRESENTATION BLOCK 5

MLC Classrooms 213, 214, 248, 250, 348

CLOSING SOCIAL

MLC Head Terrace

PRESENTATION BLOCK 1



Carley Hale **Being Selfish To Be Selfless**

MLC 213

This presentation is for the doers, the helpers, and everyone who chronically puts the needs of others first. I am here to make a case for being a little more selfish so that we can get a lot better at being self-less. We will discuss habits that we fall into when life gets stressful and ways we might be able to combat these things that seek to draw us away from ourselves. Attendees will be encouraged to think about ways they might be able to structure their agendas in a way that honors themselves. This presentation makes a case for learning how to be selfish with our time and energy so that we will be better equipped to live selflessly.



Jeremiah de Sesto **Supporting English Learners & Their Families**

MLC 214

In this workshop, we will go over common situations and hardships that English Learners go through and what specifically we can do to support them and their families. Through covering the topics of patience, visualization, and community, the session will focus on how these three aspects work together to create an environment of belonging and love.



Rama Khawaldeh **Who Said Virtual Has To Be Boring?**

MLC 248

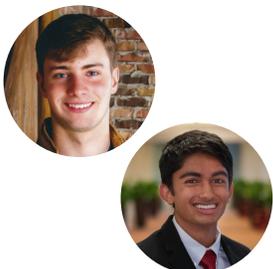
In this presentation, the topic of maintaining engagement within virtual learning and managing stress in relation to the process will be shared in order to promote effective learning techniques for peer-educators. Said effective learning techniques will include various suggestions such as providing “breakout” rooms, chats, and discussions as well as properly planning ahead to set expectations for your audience. This session will focus on the importance of interactive learning and stress control in maintaining engagement within a virtual setting and its role in creating a supportive learning environment for students.



Samantha Underwood **How To Facilitate The Learning Process For Students**

MLC 250

In this presentation we will dive into independent learning and how it can improve the academic and future performance of students. Several strategies for achieving this will be discussed. Such strategies will include allowing for awkward silences, asking probing questions, and providing the student with relevant and helpful resources. This session will focus on the importance of peer educators facilitating the learning process for students and its role in allowing for students to be successful beyond their sessions with peer educators.



Pratham Adajania & Camden Thompson **How To Prepare Students, To Prepare**

MLC 348

In this presentation, we will focus on how to work with students to better help them prepare for class. This presentation highlights the benefits of class preparation, how to help incentivize students to prepare, as well as how to hone preparation skills. This session is aimed to equip tutors to aid students in maximizing the work that they are doing outside of class and tutoring.



Ella Baxter **So You're Stressed Out?**

MLC 350

In this presentation, we will evaluate different stress management techniques for college students. We will learn about different stress management practices and resources that UGA provides for students. This session will emphasize how important it is to cope with stress in safe and healthy ways.

PRESENTATION BLOCK 2



Mary Margaret Bruce Struggles In A Flipped Classroom

MLC 213

In this presentation we will discuss specific issues that flipped classroom students face in addition to normal college stressors. We will discuss time management methods, helping students stay on top of their syllabi, and making sure they are really understanding the material. We will also discuss ways to help the students make the most out of their “class” time when they interact with their professors.



William Harris Leading By Example: Diversity Awareness

MLC 214

This presentation will cover several topics surrounding diversity and inclusion. Starting with some anecdotal experiences from students, which will then be analyzed as a group to come up with better solutions for dealing with inclusivity in the classroom, similar to a case study. Presentations about topics such as race, culture, and implicit bias will also be held. Overall, the presentation will seek to enhance the audience's understanding of not only the importance of inclusivity, but also arm them with the knowledge to actively become more inclusive.



Elizabeth Best Lights, Camera, Performance Anxiety

MLC 248

In this presentation, I will be speaking on the taboo subject of performance anxiety, going into depth on my own anxiety, researched strategies on how to overcome it, and how it applies to peer educators and students alike. We will also highlight how performance anxiety has affected my life and how my passion for peer education has motivated me to conquer it.



Emily Levitt Effective E-Learning

MLC 250

In this presentation we will share about engaging with learners in an online environment, specifically how to maintain an effective level of participation and reception. This can be acknowledged through more than just Zoom, but also through online resources, communication methods, and testing opportunities. Throughout this session, we will explore how to implement various techniques to do so.



Vidhi Patel Making It All Work

MLC 348

In this presentation, I will share about time management and how to balance a healthy work-life schedule. The session will focus on how to be present in the places you are in and how to make your schedule work to be where you want to be.

PRESENTATION BLOCK 3



Naveen Bateman **Empathy And A Positive Learning Environment**

MLC 213

This presentation will detail the benefits of empathy in a peer-learning environment, such as improved memory retention, reduced stress, and increased receptivity to advice. Included will be strategies to help a student open up about their experiences in a course, and discussion of aspects of peer-learning environments that students don't feel they get from going to class.



Kedarnath Malapati **Getting Into The Flow Of Studying**

MLC 214

Learning and understanding concepts is a fluid endeavor. Applying rigid mechanics is helpful in building a proper foundation for studying, but it is important to recognize that people aren't machines and pedagogical methods should reflect the nature of human cognition. This presentation will detail effective study strategies that consider the way our mind operates. Current methods students and professors at UGA use to learn/teach content will be discussed and new approaches along with criticism to existing systems will be outlined.



Shelby Markeles **How To Make The Most Of Every Day**

MLC 248

In this presentation, we will discuss how Google Calendar can be used for time management and ensuring you are living a balanced life. We will look at different methods such as the use of color coding and blocking off time in which you are generally productive.



Joon Kum **Equity In Education: Why Should We Care?**

MLC 250

The discussion includes the difference between Equity and Equality, analysis of the statistical data about the correlation between equity in education and students' academic performance, comparison with other countries' education systems, and a group discussion activity to talk about factors that affect Equity in Education.



Hunter Wilkins **The Power Of Academic Confidence**

MLC 348

In this presentation we will talk about building academic confidence in the students we work with, specifically the impacts of academic confidence on academic ability and how peer educators can encourage academic confidence in the students we work with. Academic confidence is the belief that one's hard-work and studying will lead to academic success. This presentation is applicable for all peer educators to learn what academic confidence is and how we can encourage it in the students we work with, as well as, continuing to build our own confidence in our academic careers.

PRESENTATION BLOCK 4



Ram Miniyar **Probing Questions: How Do We Use Them?**

MLC 213

This presentation will focus on tailoring probing questions to visual, auditory, and verbal learners. The presentation will endeavor to impart key strategies peer educators can utilize to facilitate learning through the use of probing questions that guide students based on their learning style.



Zach Martin **Don't Give Up Free Points: Test Taking Strategies**

MLC 214

In this session, we will share techniques, tips, and methods of test-taking. From multiple choice to true/false to short answer, we will cover conventional (e.g., eliminating multiple choice answers and time budgeting) and unconventional tips (e.g., mental memory growth through quick rewriting, area association) for improving exam scores. Our focus will be on the application and sharing of these tips/techniques with students and mentees across campus.



Nancy De La Torre Mariscal & Jessica Green **Habitudes**

MLC 248

Are you tired of setting New Year's Resolutions with no results? Do you want to form a new habit but struggle to achieve it? Are your attitudes holding you back from commitment? Introducing Habitudes: by simultaneously working on a new habit alongside the attitude you approach it with, you will find a realistic avenue to achieve that goal. Join us as we delve into the topic of habitudes and create vision boards to embody your future goals.



Griffin Boykin **Utilizing Decompression Stress Strategies**

MLC 250

In this presentation, we will utilize meditation and journaling to plan for the future of your academic and professional career. We will discuss the correlation between success in the classroom and planning for success. It is essential to manifest and create goals that can be satisfied at your time at any organization/institution, so we will explore these goals by putting your clear thoughts on paper.



Mason McClintock **Inclusive Language: Use It**

MLC 348

This presentation will focus on the importance of using words and language that is inclusive and conducive of growth in the classroom. This session will highlight some key information outlining the significance of using inclusive language in learning environments. Participants will gain a better understanding of inclusive language and have the chance to develop some strategies to assist in implementing it.

PRESENTATION BLOCK 5



Maggie Ruland **The Non-Georgia Guide to UGA**

MLC 213

In this presentation, we will share about the out-of-state student experience, specifically the University of Georgia perspective. The discrepancies between the in-state and out-of-state students' understanding of campus life and the resources provided will be discussed. Such disparities will be linked to resources available to all students to make educators and peers available to provide informed support for out-of-state students.



Tom Lagen **How Probing Questions Lead To Student Success**

MLC 248

Each student possesses varying degrees of topic understanding and learns in their own way. Therefore, academic guidance must be personalized to have the greatest impact on student success. In this presentation, I will discuss how probing questions can effectively be used to tailor tutoring to individual student needs. Topics discussed will include how to gauge student knowledge, understanding, and confidence using targeted questions to guide learning.



Johna Massaquoi **Creating Trust In Peer Education**

MLC 250

In this presentation we will learn how to create more trust in peer educator settings and specifically how doing this can strength sessions with students. Some of the methods discussed will be listening more than you speak, providing a safe space for conversation, and being vulnerable about your own personal experiences. Peer educators can expect to leave this session with the skills needed to connect with their students on a deeper level.



Yosef Smadi **Communication Improves Education**

MLC 348

In this presentation, we will share about communication, specifically how it can improve education. Giving the student autonomy, learning about their communication style to have better communication, knowing the best environment for the student, and their current level of knowledge are all things an educator can find out to make education and communication better and create a supportive environment.

PRESENTERS

PRATHAM ADAJANIA

Pratham Adajania is a second-year Biology major and has been a Peer Tutor for two semesters.



NAVEEN BATEMAN

Naveen is a fourth-year Genetics & Biology major. He has been a Lead Tutor for Biology for two semesters and a Peer Tutor for 4 semesters. Tutoring has shown him that while everyone learns differently, the experiences we all have are related, and drawing from these connections to express empathy in a learning environment benefits everyone.



ELLA BAXTER

Ella is a third-year majoring in Communication Studies and International Affairs with a minor in Political Science.



ELIZABETH BEST

Elizabeth is a fourth-year Psychology and Spanish double major and has been serving as a Lead Foreign Language Tutor at UGA for over a year. She has gained experience as a Lead Tutor in presenting as well as how to overcome performance anxiety.



GRIFFIN BOYKIN

Griffin is a third-year Intended Finance major from Jesup, GA, and is currently serving as a PLAl leader since his role as an Orientation Leader in the summer of 2021.



MARY MARGARET BRUCE

Mary Margaret is a third-year Astrophysics major and has been serving as the Lead Writing and French Tutor at UGA for three years. Her background of being homeschooled until she came to university has helped her learn the skills needed to be in control of her own learning.



NANCY DE LA TORRE MARISCAL

Nancy De La Torre Mariscal is a proud member of the Georgia Commitment Scholars Executive Board. As Secretary, she serves as a mentor for first-year students. She hopes to use her experience to guide fellow students towards positive change in habits and attitudes.



JEREMIAH DE SESTO

Jeremiah de Sesto is a third-year majoring in Management Information Systems, International Affairs, and Management Information Systems from Davao City, Philippines. He serves as a Peer Leader for the UGA Department of Academic Enhancement.



PRESENTERS

JESSICA GREEN

Jessica Green is a proud member of the Georgia Commitment Scholars Executive Board. As Chairperson, she serves as a mentor for first-year students. She hopes to use her experience to guide fellow students towards positive change in habits and attitudes.



CARLEY HALE

Carley Hale is a fourth-year Exercise and Sport Science major from Atlanta, Georgia. Through her involvement and service to UGA, she has learned the importance of honoring her own needs and desires so that she might be better equipped to serve in the work set out for her.



WILLIAM HARRIS

Will is a fourth-year majoring in International Affairs. He has spent his time at UGA working to create welcoming and inclusive spaces at UGA through his time with Dawg Camp, New Student Orientation, Student Government Association, and the Arch Society.



RAMA KHAWALDEH

Rama is a third-year Biology and Psychology double-major with a minor in Spanish. She has served as a tutor at UGA for 2 years and has taken on the role of Lead Tutor for this year. Rama has gained experience in using effective virtual engagement techniques through her role as a Learning Assistant as well as a Tutor through the DAE at UGA.



JOON KUM

Joon is a third-year Microbiology major and is interested in science education. He has been serving as a Peer Tutor and Peer Learning Assistant at UGA for two years.



TOM LAGEN

Tom is a third-year Biological Science major serving as a STEM Lead Tutor for Art History, Biochemistry, Cell Biology, and Physiology at the Division of Academic Enhancement at UGA.



EMILY LEVITT

Emily is a fourth-year Cognitive Science and MIS double major and has been serving as a Peer Tutor for 4 semesters and a Lead Tutor for 2 semesters. She has gained experience about learning in an online environment through her virtual internship with an IT consulting firm and hosting virtual tutoring sessions.



KEDARNATH MALAPATI

Kedarnath is a third-year Environmental Health Sciences major and has worked for the DAE since his first year. Talking to multiple professors and students has given him a broad view of the different challenges people face for teaching/learning new material. Through his presentation he hopes to bridge the gap between the perspectives of students and teachers.



PRESENTERS

SHELBY MARKELES

Shelby is a fourth-year Psychology and Biology double major who is on the Pre-Med track. She has gained solid time management skills throughout her years at UGA.



ZACH MARTIN

Zach is a third-year studying Accounting and has served as an Accounting and Economics tutor since Fall 2021. Through challenging night exams, he has gained experience in effective test-taking strategies.

JOHNA MASSAQUOI

Johna is a fourth-year Accounting major pursuing a certificate in Legal Studies from Alpharetta, GA. She has been serving as a tutor for 2+ years and Lead Tutor for one. She has also previously served as a PLALeader



MASON MCCLINTOCK

Mason McClintock is a third-year Public Relations major from Alma, Georgia, and has served as a PLALeader for the 2021-2022 academic year. He has a vast array of involvement experiences at UGA, allowing him to work with a multitude of diverse crowds.

RAM MINIYAR

Ram is a third-year Biology major with a minor in Business and has been a Tutor for the Division of Academic Enhancement since Spring 2020.



VIDHI PATEL

Vidhi Patel is a third-year studying Health Policy & Management and Sociology. She has served as an Orientation Leader and member of the Arch Society, from which she has developed her communication and organization skills.

MAGGIE RULAND

Maggie Ruland is a third-year studying Journalism and Sport Management from Long Island, New York. She has been serving as a Peer Learning Assistant for two semesters and has served as an Orientation Leader at UGA.



YOSEF SMADI

Yosef is a third-year Biology major and has been a Peer Tutor for more than a year and this is his first semester as a Lead Tutor for the Division of Academic Enhancement.

PRESENTERS

CAMDEN THOMPSON

Camden Thompson is a second-year Genetics major and has been a Peer Tutor for two semesters.



SAMANTHA UNDERWOOD

Samantha is a fourth-year Biological Sciences major and has been serving as a Lead Tutor at UGA for three semesters. She has gained experience in facilitating independent learning being a Peer Tutor at UGA for three years.

HUNTER WILKINS

Hunter is a fourth-year Computer Science major and has been a Peer Tutor for three years. He is currently serving as the Lead Computer Science tutor at UGA and he has gained experience in building academic confidence with the many students he has worked with as a peer educator.



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