



Division of Academic Enhancement
UNIVERSITY OF GEORGIA

UNIV 2402S: Diverse Community Wellbeing

Fall 2022, CRN #54224

Course Instructor Information

Dr. Wendy Biddle
Email: sophiae@uga.edu
Office Hours: Tuesdays, 1-3PM

Course Meeting Information

Meetings: T/R, 3:55-4:45pm

UNIV Courses are offered by the Division of Academic Enhancement, a unit of the Office of Instruction at the University of Georgia.

UGA's Division of Academic Enhancement empowers all students to **Learn Differently** through innovative courses, programs, services, and student-centered initiatives. The DAE supports students as they transition into higher education and sustains their progress through the University's unique academic environment.

Course Description

In this 1-credit hour course students will learn how to meaningfully engage in the well-being of our diverse community. Teaches students how to evaluate their own degree of engagement in their community, recognize the needs of their community, and embrace the diverse makeup of their surrounding environment.

This course includes a service-learning project during the semester that either employs skills or knowledge learned in the course or teaches new skills or knowledge related to course objectives. Students will be involved in the planning and implementation of the project(s) and may spend time outside of the classroom. Students will be engaged in the service-learning component for approximately 25-50% of the overall instruction time.

Learning Objectives

Upon successful completion of this course, students will be able to:

1. Read and discuss current research regarding the intersection of community and well-being, to identify the main ideas and arguments of the well-known research of happiness and well-being
2. Review and reflect upon subjective individual wellbeing relative to subjective community wellbeing
3. Apply understandings of well-being literature to their own goal pursuit, motivational attitudes and behaviors within personal communities

- Practice behaviors conducive to contributing to high levels of community well-being, based on scientific research

Assignments and Projects

Students will be evaluated in the following areas:

- **Engagement & Participation** **25%**
 - Students will complete required reading and be prepared to engage in class.
- **Weekly Learning Reflections** **50%**

Purpose: To make sure students recall what was learned/discussed in class and generate possibilities for applying what we discussed.

Task:

1. Use word document. Format text to 12 pt, Times New Roman font. Make it “double-spaced” by formatting the paragraph.
2. Add a heading: Your Name, professor's name (i.e., Dr. Brock, the activity (i.e., Reflection), and date of submission.
3. In First 2-3 paragraphs summarize the topics we discussed and what you learned from the topic(s)
4. In the following paragraph (one paragraph), articulate why this information may be relevant to success at the University of Georgia and beyond.
5. Lastly, in 1 paragraph, articulate how you will apply the information that you learned.
 - a. If this is your Wednesday reflection, please share if and how you implemented what we learned earlier in the week.

Criteria:

You can earn 100 points by meeting expectations outlined below:

- Correctly Formatting Paper (10 points)
 - Your reflection summary accurately represents all topics discussed during class (40 points)
 - Your paper address how this the information you summarized is relevant to students' success at UGA and beyond (40 points)
 - Your paper ends with a statement on how you realistically can apply or has applied information (10 points)
- **Service Learning Project Presentation** **25%**
 - TBA

Grading/Evaluation

93-100% = A	92.9-90.0% = A-
89.9-87.0 % =B+	86.9-83.0% = B
82.9-80.0% = B-	79.9-77.0% = C+
76.9-73.0% = C	72.9-70.0% = C-
69.9-60.0% = D	<59.9% = F

Course Materials

All required course content will be provided free of charge on eLC. You are welcome to print off materials for completing the assignments.

Course Policies

Engagement Policy

Class attendance is mandatory; however, engagement is based on the student. Students will have to reflect on their participation and grade themselves. They will be asked to assess themselves (see appendix) and support their grade with evidence for weekly participation. Dr. Brock and Dr. Biddle will review your submissions and independently determine if they will accept the student's submission. Please DO NOT schedule any other appointments or activities during your scheduled class sessions.

Student Wellness

To be brief: take care of yourself. While navigating the rigorous (at times treacherous) experience of college, we easily may fall prey to poor habits and choices. We encourage students to maintain a healthy lifestyle. If you (or anyone you know) experiences debilitating academic stress (i.e., stress that paralyzes, induces persistent fear/anxiety), challenging life events, persistent negative emotions/moods, or other factors that hinder mental, physical, or emotional wellbeing, we encourage you to seek resources you need to be successful.

Mental Health and Wellness Resources:

- If you or someone you know needs assistance, you are encouraged to contact Student Care and Outreach in the Division of Student Affairs at 706-542-7774 or visit <https://sco.uga.edu/>. They will help you navigate any difficult circumstances you may be facing by connecting you with the appropriate resources or services.
- UGA has several resources for a student seeking mental health services (<https://www.uhs.uga.edu/bewelluga/bewelluga>) or crisis support (<https://www.uhs.uga.edu/info/emergencies>).
- If you need help managing stress anxiety, relationships, etc., please visit BeWellUGA (<https://www.uhs.uga.edu/bewelluga/bewelluga>) for a list of FREE workshops, classes, mentoring, and health coaching led by licensed clinicians and health educators in the University Health Center.
- Additional resources can be accessed through the UGA App.

University Health Center

- Website: <https://www.uhs.uga.edu/newstudents/newstudents>
- Phone: 706.542.1162
- Email: contact@uhs.uga.edu
- Suicide Prevention 706.542.2
- Sexual Assault 24 Hour Hotline 706. 542.SAFE200

Counseling and Psychiatric Services (CAPS)

- Website: <https://www.uhs.uga.edu/caps/welcome>
- During office hours, you may call 706-542-2273.
- For an after-hour crisis, you may call 706-542-2200. Ask to speak with a CAPs clinician.

Student Care and Outreach

- Website: <http://sco.uga.edu/>
- Phone: 706-542-7774
- Email: sco@uga.edu

Student Veterans Resource Center

- Website: <http://svrc.uga.edu/>
- Phone: 706-542-7872
- Email: svrc@uga.edu

Course Information

All course information including a copy of the syllabus, assignment due dates, and policy information can be found in eLC. Announcements about the class will be posted here as well as changes to the syllabus. You are responsible for checking eLC for announcements daily.

Other Division Resources

From peer tutoring through the Academic Resource Center to Academic Coaching to Student Success Workshops and more, the Division is committed to the success of all students at the University of Georgia. For more on these and other resources, visit <https://dae.uga.edu>.

Student Exceptionalities Statement

If you anticipate issues related to the format or requirements of this course, please meet with me. I would like us to discuss ways to ensure your full participation in the course. If you determine that formal, disability-related accommodations are necessary, it is very important that you be registered with the Disability Resource Center (Voice: 706-542-8719 or TTY: 706-542-8778) and notify me of your eligibility for reasonable accommodations. We can then plan how best to coordinate your accommodations.

Coronavirus (COVID-19) Pertinent Policies

For the most up to date information, please consult <https://coronavirus.uga.edu/resources/face-coverings/>

Inclement Weather

In the event that the university cancels classes, such as for severe weather, students are expected to continue with readings as originally scheduled. Any assignments scheduled during those missed classes, such as a project or paper, are due at the next class meeting unless other instructions are posted at the course website or communicated via email

Academic Honesty Policy

As a University of Georgia student, you have agreed to abide by the University's academic honesty policy, "A Culture of Honesty," and the Student Honor Code. All academic work must meet the standards described in "A Culture of Honesty" found at: <https://ovpi.uga.edu/academic-honesty/academic-honesty-policy>. Lack of knowledge of the academic honesty policy is not a reasonable explanation for a violation. Questions related to course assignments and the academic honesty policy should be directed to the instructor.

All students are responsible for maintaining the highest standards of honesty and integrity in every phase of their academic careers. The penalties for academic dishonesty are severe and ignorance is not an acceptable defense. "Academic Honesty" means performing all academic work without plagiarism, cheating, lying, tampering, stealing, receiving unauthorized or illegitimate assistance from another person, or using any source of information that is not common knowledge.

"Academic Dishonesty" means knowingly performing, attempting to perform, or assisting any other person in performing any academic work that does not meet this standard of academic honesty. Assistance by another, when authorized by the Faculty Member, will not be considered academically dishonest, nor will using information that is fairly attributed to the source.

All academic work must meet the standards contained in "A Culture of Honesty." Students are responsible for informing themselves about those standards before performing any academic work.

Grade Appeal Process

University of Georgia students have the right to appeal academic decisions. For more information please visit this page: <https://dae.uga.edu/courses/appeal-process/>

Federal Family Educational Rights and Privacy Act (FERPA) Notice:

The Federal Family Educational Rights and Privacy Act (FERPA) grants students certain information privacy rights. See the registrar's explanation at reg.uga.edu/general-information/ferpa/. FERPA allows disclosure of directory information (name, address, telephone, email, date of birth, place of birth, major, activities, degrees, awards, prior schools), unless requested in a written letter to the registrar.

Course Outline

The schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better student learning. All readings are required unless otherwise noted. Students should read/know required material by the date listed, at which time we will discuss or use the scheduled readings in class.

Thursday, August 18, 2022		
Introduction		
Tuesday, August 23, 2022	Community Agreements Creation	Reflection
Thursday, August 25, 2022	Role of healthy individuals within healthy communities	Reading from eLC
Tuesday, August 30, 2022	Who lives in our “community”? Pt 1	Reflection
Thursday, September 1, 2022	Who lives in our “community”? Pt 2	
Tuesday, September 6, 2022	What is a “healthy community”?	Reflection
Thursday, September 8, 2022	What is a “healthy community”? Part 2	
Tuesday, September 13, 2022	What is my role in creating a healthy community?	Reflection
Thursday, September 15, 2022	What is my role in creating a healthy community? Part 2	
Tuesday, September 20, 2022	Introduction to Sustainability	Reflection

Thursday, September 22, 2022	Service Learning X Sustainability	
Tuesday, September 27, 2022	Preparing for Service Learning: How do I merge Service and Sustainability?	Reflection & Service Learning Site Proposal
Thursday, September 29, 2022	Dimensions of Wellbeing: Emotional	
Tuesday, October 4, 2022	Service Learning Day	Reflection
Thursday, October 6, 2022	Dimensions of Wellbeing: Physical	
Tuesday, October 11, 2022	Service learning Day	Reflection
Thursday, October 13, 2022	Dimensions of Wellbeing: Social	
Tuesday, October 18, 2022	Service learning Day	Reflection
Thursday, October 20, 2022	Dimensions of Wellbeing: Occupational	
Tuesday, October 25, 2022	Service learning Day	Reflection
Thursday, October 27, 2022	Dimensions of Wellbeing: Financial	
Tuesday, November 1, 2022	Service learning Day	Reflection
Thursday, November 3, 2022	Dimensions of Wellbeing: Environmental	
Tuesday, November 8, 2022	Service learning Day	Reflection

Thursday, November 10, 2022	TBD	
Tuesday, November 15, 2022	Creating Your Final Project: Purpose, Tasks, and Criteria	Reflection
Thursday, November 17, 2022	TBD	
Tuesday, November 22, 2022	Last: Service learning Day	Reflection
Thursday, November 24, 2022	NOT CLASS DUE TO BREAK	
Tuesday, November 29, 2022	TBD	Reflection
Thursday, December 1, 2022	Service Learning Project Presentations	
Tuesday, December 6, 2022	NO CLASS (Friday Schedule)	Reflection