



**Division of
Academic Enhancement
UNIVERSITY OF GEORGIA**

**UNIV 2303 Propelling Success: Exit Seminar for Scholars CRN 61486
Spring 2023**

Course Instructor Information

Instructor: Garrison Bickerstaff

Email: gbick@uga.edu

Course Meeting Information

Meetings: TR 3:55 p.m.

Location: Zell B Miller Learning Center 0147

Phone: 706-542-7575

Student Hours: MWF 8:00 a.m. to 10:00 a.m.

Additional student hours are available by appointment.

Students may e-mail Bickerstaff at any time.

UNIV Courses are offered by the Division of Academic Enhancement, a unit of the Office of Instruction at the University of Georgia.

The Division of Academic Enhancement empowers all students to **Learn Differently** through innovative courses, programs, services, and student-centered initiatives. The DAE supports students as they transition into higher education and sustains their progress through the University's unique academic environment.

Course Description

This course allows Scholars from Division programs to reconvene (from year one) as a cohort for successful transition from the University to life after college. Special emphasis placed on: reflecting and synthesizing knowledge, skills, and traits developed during their first two years at the University; transitioning into programs of study; visioning where paths are headed post- University; updating strategic learning plans; building relationships around resources, e.g. the Career Center and Alumni Association.

Short Session 1

This is a short-session class. Please note the following adjusted deadlines:

Drop/add deadline: 13 January 2023. Withdrawal deadline: 8 February 2023.

Session Ends: 1 March 2023.

Learning Objectives

Upon successful completion of this course, students will be able to:

- Engage campus and community resources to support transition from student identity to that of a professional in their chosen program of study.
- Practice skills required for academic success as a third-year student.
- Identify and utilize aspects of the four, major factor sets influencing life-transitions as related to Schlossberg's transition theory.
- Develop a plan for coping with transition and maintaining wellness after college.
- Articulate financial values, professional goals, and future plans in collaboration with the Career Center and Alumni Association.

Assignments and Projects

Students will be evaluated in the following areas:

Activities: 60% (600 points); Final Project 40% (400 points).

Grading/Evaluation

Grade Scale: A = 920 to 1000 points; A- = 890 to 919 points; B+ = 870 to 889 points; B = 820 to 869 points; B- = 790 to 819 points; C+ = 770 to 789 points; C = 720 to 769 points; C- = 690 to 719 points; D = 600 to 689 points; F = fewer than 600 points.

No late work, quizzes, projects, or exams will be accepted. No electronic submissions for projects required on paper will be accepted.

Course Materials

Necessary materials will be available in eLC or on the Web.

Course Policies

Participation Policy

UNIV 2303 is a workshop class in which participation is required. Bring all of your work on the current assignment to each class and be prepared to revise that work or develop additional new work.

eLC

Some of our class activities (such as submission of essays) will occur at <https://uga.view.usg.edu/>

Please check the Course Announcements area on eLC frequently for important information that relates to our class.

Inclement Weather

In the event that the university cancels classes, such as for severe weather, students are expected to continue with readings as originally scheduled. Any assignments scheduled during those missed classes, such as a project or paper, are due at the next class meeting unless other instructions are posted at the course website or communicated via email.

Disability Statement

If you anticipate issues related to the format or requirements of this course, please meet with me. I would like us to discuss ways to ensure your full participation in the course. If you determine that formal, disability-related accommodations are necessary, it is very important that you be registered with the Disability Resource Center (<https://drc.uga.edu/>)(Voice: 706-542-8719 or TTY: 706-542-8778) and notify me of your eligibility for reasonable accommodations. We can then plan how best to coordinate your accommodations. Arrangements can be made with the instructor with regard to attendance and participation. If students are not physically present in the classroom because of COVID19 and precautions in relation to this pandemic, they will not receive punitive measures in this class in terms of grades. Additionally, if a student is in need of such an accommodation, the student must request an accommodation with the Disability Resource Center (<https://drc.uga.edu/>) Voice: 706-542-8719 or TTY: 706-542-8778). Such accommodations cannot be applied retroactively.

Mental Health and Wellness Resources

If you or someone you know needs assistance, you are encouraged to contact Student Care and Outreach in the Division of Student Affairs at 706-542-7774 or visit <https://sco.uga.edu>. They will help you navigate any difficult circumstances you may be facing by connecting you with the appropriate resources or services.

UGA has several resources for a student seeking mental health services (<https://www.uhs.uga.edu/bewelluga/bewelluga>)

or crisis support (<https://www.uhs.uga.edu/info/emergencies>). If you need help managing stress anxiety, relationships, etc., please visit BeWellUGA

(<https://www.uhs.uga.edu/bewelluga/bewelluga>) for a list of FREE workshops, classes, mentoring, and health coaching led by licensed clinicians and health educators in the University Health Center. Additional resources can be accessed through the UGA App.

Other Division Resources

From peer tutoring through the Academic Resource Center to Academic Coaching to Student Success Workshops and more, the Division is committed to the success of all students at the University of Georgia. For more on these and other resources, visit <https://dae.uga.edu>.

Academic Honesty Policy

As a University of Georgia student, you have agreed to abide by the University's academic honesty policy, "A Culture of Honesty," and the Student Honor Code. All academic work must meet the standards described in "A Culture of Honesty" found at: <https://ovpi.uga.edu/academic-honesty/academic-honesty-policy>. Lack of knowledge of the academic honesty policy is not a reasonable explanation for a violation.

Questions related to course assignments and the academic honesty policy should be directed to the instructor.

Student Exceptionalities Statement

If you anticipate issues related to the format or requirements of this course, please meet with me. I would like us to discuss ways to ensure your full participation in the course. If you determine that formal, disability-related accommodations are necessary, it is very important that you be registered with the Disability Resource Center (Voice: 706-542-8719 or TTY: 706-542-8778) and notify me of your eligibility for reasonable accommodations. We can then plan how best to coordinate your accommodations.

Grade Appeal Process

University of Georgia students have the right to appeal academic decisions. The burden of proof for an appeal rests with the student. The policies governing the process of appealing grades are covered in the Academic Affairs Policy Manual, General Academic Policy: Student Appeals ([Section 4.05-01](#)). All grade appeals must be initiated in writing to the instructor within one calendar year from the end of the term in which the grade was recorded. The process for appealing a grade in a UNIV course can be found at: <https://dae.uga.edu/courses/appeal-process/>.

Student Wellness

To be brief: take care of yourself. While navigating the rigorous (at times treacherous) experience of college, we easily may fall prey to poor habits and choices. We encourage students to maintain a healthy lifestyle. If you (or anyone you know) experiences debilitating academic stress (i.e., stress that paralyzes, induces persistent fear/anxiety), challenging life events, persistent negative emotions/moods, or other factors that hinder mental, physical, or emotional wellbeing, we encourage you to seek resources you need to be successful.

University Health Center

Website: <https://www.uhs.uga.edu/newstudents/newstudents>

Phone: 706.542.1162 Email: contact@uhs.uga.edu Suicide Prevention:706.542.2273

Sexual Assault 24 Hour Hotline 706. 542.SAFE200

Counseling and Psychiatric Services (CAPS)

Website: <https://www.uhs.uga.edu/caps/welcome> During office hours, you may call 706-542-2273. For an after-hours crisis, you may call 706-542-2200. Ask to speak with a CAPS clinician.

Student Care and Outreach

Website: <http://sco.uga.edu/> Phone: 706-542-7774 Email: sco@uga.edu

Student Veterans Resource Center

Website: <http://svrc.uga.edu/> Phone: 706-542-7872 Email: svrc@uga.edu

Course Outline:

The schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better student learning. All readings are required unless otherwise noted. Students should read/know required material by the date listed, at which time we will discuss or use the scheduled readings in class.

Class meeting date	General Topic	Reading Assignment/Other Assignment
Unit 1 10 January	Introduction to course. Begin Unit 1: Metacognition and some academic strategies.	Complete Reading 1 available on eLC. Receive instructions for Activity 1.
12 January	Discussion of Reading 1. Topics: Sleep in relation to learning.	Complete Reading 2 available on eLC. Continue work on Activity 1.
17 January	Discussion of Reading 2. Topic: Exercise in relation to learning.	Complete Reading 3. Continue work on Activity 1.
19 January	Discussion of Reading 3. Topic: Mindset.	Complete Reading 4. Continue work on Activity 1.
24 January	Discussion of Reading 4. Topic: Metacognition.	Complete Reading 5. Continue work on Activity 1.
26 January	Discussion of Reading 5. Topic: Bloom's Taxonomy. Activity 1 is due. Conclusion of Unit 1.	Activity 1 is due to eLC by 11:59 p.m. on 29 January. Receive instructions for Activity 2. Complete Introduction, Get Focused, Get Experienced, Get Connected, Get Noticed, Get Hired, Get Accepted in "The UGA Career Guide" available on eLC. Pages 4-54.
Unit 2 31 January	Begin Unit 2: Preparing now for a professional career. Discussion of pages 4-54 in "The UGA Career Guide." Topics: Career planning, career-related resources, networking, resume process, interview process, graduate and professional school.	Continue work on Activity 2.
2 February	Preparing now for a professional career continued.	Continue work on Activity 2.

	Topic: Resume and cover letter workshop.	
7 February	Preparing now for a professional career continued. Topic: Interviewing workshop. Activity 2 is due. Conclusion of Unit 2.	Activity 2 is due to eLC by 11:59 p.m. on 12 February. Receive instructions for Activity 3.
Unit 3 9 February	Begin Unit 3: Success and wellness after UGA. In-class reading and discussion of Readings 6 and 7. Topics: Emotional intelligence and grit.	Complete Reading 8.
14 February	Discussion of Reading 8. Topic: Curiosity. Activity 3 is due. Conclusion of Unit 3.	Review Reading 9 (select campus resources). Activity 3 is due to eLC by 11:59 p.m. on 19 February. Receive instructions for Final Project.
Unit 4 16 February	Begin Unit 4: Campus resources and the Final Project Discussion of Reading 9. Topic: Campus resources. Discussion of the Final Project.	Continue work on the Final Project.
21 February	Final Project workshop time. In class exit conferences.	Continue work on the Final Project.
23 February	Final Project workshop time. In class exit conferences.	Continue work on the Final Project.
28 February	Last class meeting. Final Project workshop time. In class exit conferences continued. Conclusion of Unit 4. Conclusion of course.	The Final Project is due to eLC by 11:59 p.m. on 17 March.

Note: The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.